

Information for Health Professionals

Hypnovel Ampoules® 10mg/5ml
Midazolam

This leaflet provides technical information about Hypnovel Ampoules for the healthcare professional. The tear-off portion below is intended for the patient.

NAME OF THE MEDICINAL PRODUCT

Hypnovel Ampoules 10mg/5ml

QUALITATIVE AND QUANTITATIVE COMPOSITION

Active ingredient: midazolam as hydrochloride.
Ampoules 10mg/5ml for i.v., i.m. and rectal administration.

For excipients, see *Pharmaceutical Particulars, List of excipients*.

PHARMACEUTICAL FORM

Solution for injection

CLINICAL PARTICULARS

Therapeutic indications

Hypnovel is a short-acting sleep-inducing drug that is indicated:

In adults

- **Conscious sedation** before and during diagnostic or therapeutic procedures with or without local anaesthesia.
- **Anaesthesia**
 - Premedication before induction of anaesthesia
 - Induction of anaesthesia:
 - As an induction agent or as a sedative component in combined anaesthesia.
- **Sedation in intensive care units**

In children

- **Conscious sedation** before and during diagnostic or therapeutic procedures with or without local anaesthesia.
- **Anaesthesia**
 - Premedication before induction of anaesthesia.
- **Sedation in intensive care units**

Posology and method of administration

STANDARD DOSAGE

Midazolam is a potent sedative agent that requires titration and slow administration. Titration is strongly recommended to safely obtain the desired level of sedation according to the clinical need, physical status, age and concomitant medication. In adults over 60 years, debilitated or chronically ill patients and paediatric patients, dose should be determined with caution and risk factors related to each patient should be taken into account. Standard dosages are provided in the table below. Additional details are provided in the text following the table.

Indication	Adults < 60 y	Adults ≥ 60 y / debilitated or chronically ill	Children
Conscious sedation	<i>i.v.</i> Initial dose: 2 - 2.5mg Titration doses: 1mg Total dose: 3.5 - 7.5mg	<i>i.v.</i> Initial dose: 0.5 - 1mg Titration doses: 0.5 - 1mg Total dose: < 3.5mg	<i>i.v. in patients 6 months - 5 years</i> Initial dose: 0.05 - 0.1mg/kg Total dose: < 6mg <i>i.v. in patients 6-12 years</i> Initial dose: 0.025 - 0.05mg/kg Total dose: < 10mg rectal > 6 months 0.3 - 0.5mg/kg i.m. 1 - 15 years 0.05 - 0.15mg/kg
Anaesthesia premedication	<i>i.m.</i> 0.07 - 0.1mg/kg	<i>i.m.</i> 0.025 - 0.05mg/kg	rectal > 6 months 0.3 - 0.5mg/kg i.m. 1 - 15 years 0.08 - 0.2mg/kg
Anaesthesia induction	<i>i.v.</i> 0.15 - 0.2mg/kg (0.3 - 0.35 without premedication)	<i>i.v.</i> 0.1 - 0.2mg/kg (0.15 - 0.3 without premedication)	
Sedative component in combined anaesthesia	<i>i.v.</i> intermittent doses of 0.03 - 0.1mg/kg or continuous infusion of 0.03 - 0.1mg/kg/h	<i>i.v.</i> lower doses than recommended for adults < 60 years	
Sedation in ICU	<i>i.v.</i> Loading dose: 0.03 - 0.3mg/kg in increments of 1 - 2.5mg Maintenance dose: 0.03 - 0.2mg/kg/h		<i>i.v. in neonates < 32 weeks gestational age</i> 0.03mg/kg/h <i>i.v. in neonates > 32 weeks and children up to 6 months</i> 0.06mg/kg/h <i>i.v. in patients > 6 months of age</i> Loading dose: 0.05 - 0.2mg/kg Maintenance dose: 0.06 - 0.12mg/kg/h

Conscious sedation dosage

For conscious sedation prior to diagnostic or surgical intervention, midazolam is administered *i.v.* The dose must be individualised and titrated, and should not be administered by rapid or single bolus injection. The onset of sedation may vary individually depending on the physical status of the patient and the detailed circumstances of dosing (e.g. speed of administration, amount of dose). If necessary, subsequent doses may be administered according to the individual need. The onset of action is about 2 minutes after the injection. Maximum effect is obtained in about 5 to 10 minutes.

Adults

The i.v. injection of midazolam should be given slowly at a rate of approximately 1mg in 30 seconds. In adults below the age of 60 the initial dose is 2 to 2.5mg given 5 to 10 minutes before the beginning of the procedure. Further doses of 1mg may be given as necessary. Mean total doses have been found to range from 3.5 to 7.5mg. A total dose greater than 5mg is usually not necessary. In adults over 60 years of age, debilitated or chronically ill patients, start by administering a dose of 0.5 to 1mg. Further doses of 0.5 to 1mg may be given as necessary. A total dose greater than 3.5mg is usually not necessary.

Children

I.V. administration: midazolam should be titrated slowly to the desired clinical effect. The initial dose of midazolam should be administered over 2 to 3 minutes. One must wait an additional 2 to 5 minutes to fully evaluate the sedative effect before initiating a procedure or repeating a dose. If further sedation is necessary, continue to titrate with small increments until the appropriate level of sedation is achieved. Infants and young children less than 5 years of age may require substantially higher doses (mg/kg) than older children and adolescents.

- Paediatric patients less than 6 months of age: paediatric patients less than 6 months of age are particularly vulnerable to airway obstruction and hypoventilation. For this reason, the use of conscious sedation in children less than 6 months of age is not recommended.
- Paediatric patients 6 months to 5 years of age: initial dose 0.05 to 0.1mg/kg. A total dose up to 0.6mg/kg may be necessary to reach the desired endpoint, but the total dose should not exceed 6mg. Prolonged sedation and risk of hypoventilation may be associated with the higher doses.
- Paediatric patients 6 to 12 years of age: initial dose 0.025 to 0.05mg/kg. A total dose of up to 0.4mg/kg to a maximum of 10mg may be necessary. Prolonged sedation and risk of hypoventilation may be associated with the higher doses.
- Paediatric patients 12 to 16 years of age: should be dosed as adults.

Rectal administration: the total dose of midazolam usually ranges from 0.3 to 0.5mg/kg. Rectal administration of the ampoule solution is performed by means of a plastic applicator fixed on the end of the syringe. If the volume to be administered is too small, water may be added up to a total volume of 10ml. Total dose should be administered at once and repeated rectal administration avoided.

The use in children less than 6 months of age is not recommended, as available data in this population are limited.

I.M. administration: the doses used range between 0.05 and 0.15mg/kg. A total dose greater than 10.0mg is usually not necessary. This route should only be used in exceptional cases. Rectal administration should be preferred as i.m. injection is painful.

In children less than 15kg of body weight, midazolam solutions with concentrations higher than 1mg/ml are not recommended. Higher concentrations should be diluted to 1mg/ml.

ANAESTHESIA DOSAGE

Premedication

Premedication with midazolam given shortly before a procedure produces sedation (induction of sleepiness or drowsiness and relief of apprehension) and pre-operative impairment of memory. Midazolam can also be administered in combination with anticholinergics. For this indication midazolam should be administered i.m., deep into a large muscle mass 20 to 60 minutes before induction of anaesthesia, or preferably via the rectal route in children (see below). Adequate observation of the patient after administration of premedication is mandatory as inter-individual sensitivity varies and symptoms of overdose may occur.

Adults

For pre-operative sedation and to impair memory of pre-operative events, the recommended dose for adults of ASA Physical Status I & II and below 60 years is 0.07 to 0.1mg/kg administered i.m. The dose must be reduced and individualised when midazolam is administered to adults over 60 years of age, debilitated, or chronically ill patients. A dose of 0.025 to 0.05mg/kg administered i.m. is recommended. The usual dose is 2 to 3mg.

Children

Rectal administration: The total dose of midazolam, usually ranging from 0.3 to 0.5mg/kg should be administered 15 to 30 minutes before induction of anaesthesia. Rectal administration of the ampoule solution is performed by means of a plastic applicator fixed on the end of the syringe. If the volume to be administered is too small, water may be added up to a total volume of 10ml.

I.M. administration: As i.m. injection is painful, this route should only be used in exceptional cases. Rectal administration should be preferred. However, a dose range from 0.08 to 0.2mg/kg of midazolam administered i.m. has been shown to be effective and safe. In children between ages 1 and 15 years, proportionally higher doses are required than in adults in relation to body-weight.

The use in children less than 6 months of age is not recommended as available data are limited.

In children less than 15kg of body weight, midazolam solutions with concentrations higher than 1mg/ml are not recommended. Higher concentrations should be diluted to 1mg/ml.

Induction

Adults

If midazolam is used for induction of anaesthesia before other anaesthetic agents have been administered, the individual response is variable. The dose should be titrated to the desired effect according to the patient's age and clinical status. When midazolam is used before or in combination with other i.v. or inhalation agents for induction of anaesthesia, the initial dose of each agent should be significantly reduced. The desired level of anaesthesia is reached by stepwise titration. The i.v. induction dose of midazolam should be given slowly in increments. Each increment of not more than 5mg should be injected over 20 to 30 seconds allowing 2 minutes between successive increments.

- In adults below the age of 60 years, an i.v. dose of 0.15 to 0.2mg/kg will usually suffice. In non-premedicated adults below the age of 60 the dose may be higher (0.3 to 0.35mg/kg i.v.). If needed to complete induction, increments of approximately 25% of the patient's initial dose may be used. Induction may instead be completed with inhalational anaesthetics. In resistant cases, a total dose of up to 0.6mg/kg may be used for induction, but such larger doses may prolong recovery.
- In adults over 60 years of age, debilitated or chronically ill patients, the dose is 0.1 to 0.2mg/kg administered i.v. Non-premedicated adults over 60 years of age usually require more midazolam for induction; an initial dose of 0.15 to 0.3mg/kg is recommended. Non-premedicated patients with severe systemic disease or other debilitation usually require less midazolam for induction. An initial dose of 0.15 to 0.25mg/kg will usually suffice.

Sedative component in combined anaesthesia

Adults

Midazolam can be given as a sedative component in combined anaesthesia by either further intermittent small i.v. doses (range between 0.03 and 0.1mg/kg) or continuous infusion of i.v. midazolam (range between 0.03 and 0.1mg/kg/h) typically in combination with analgesics. The dose and the intervals between doses vary according to the patient's individual reaction.

In adults over 60 years of age, debilitated or chronically ill patients, lower maintenance doses will be required.

Sedation in intensive care units

The desired level of sedation is reached by stepwise titration of midazolam followed by either continuous infusion or intermittent bolus, according to the clinical need, physical status, age and concomitant medication (see *Interaction with other medicinal products and other forms of interaction*).

Adults

I.V. loading dose: 0.03 to 0.3mg/kg should be given slowly in increments. Each increment of 1 to 2.5mg should be injected over 20 to 30 seconds allowing 2 minutes between successive increments. In hypovolaemic, vasoconstricted, or hypothermic patients the loading dose should be reduced or omitted. When midazolam is given with potent analgesics, the latter should be administered first so that the sedative effects of midazolam can be safely titrated on top of any sedation caused by the analgesic.

I.V. maintenance dose: doses can range from 0.03 to 0.2mg/kg/h. In hypovolaemic, vasoconstricted, or hypothermic patients the maintenance dose should be reduced. The level of sedation should be assessed regularly. With long-term sedation, tolerance may develop and the dose may have to be increased.

Children over 6 months of age

In intubated and ventilated paediatric patients, a loading dose of 0.05 to 0.2mg/kg i.v. should be administered slowly over at least 2 to 3 minutes to establish the desired clinical effect. Midazolam should not be administered as a rapid intravenous dose. The loading dose is followed by a continuous i.v. infusion at 0.06 to 0.12mg/kg/h (1 to 2µg/kg/min). The rate of infusion can be increased or decreased (generally by 25% of the initial or subsequent infusion rate) as required, or supplemental i.v. doses of midazolam can be administered to increase or maintain the desired effect.

When initiating an infusion with midazolam in haemodynamically compromised patients, the usual loading dose should be titrated in small increments and the patient monitored for haemodynamic instability, e.g., hypotension. These patients are also vulnerable to the respiratory depressant effects of midazolam and require careful monitoring of respiratory rate and oxygen saturation.

Neonates and children up to 6 months of age

Midazolam should be given as a continuous i.v. infusion, starting at 0.03mg/kg/h (0.5µg/kg/min) in neonates with a gestational age < 32 weeks or 0.06mg/kg/h (1µg/kg/min) in neonates with a gestational age > 32 weeks and children up to 6 months.

Intravenous loading doses is not recommended in premature infants, neonates and children up to 6 months, rather the infusion may be run more rapidly for the first several hours to establish therapeutic plasma levels. The rate of infusion should be carefully and frequently reassessed, particularly after the first 24 hours so as to administer the lowest possible effective dose and reduce the potential for drug accumulation.

Careful monitoring of respiratory rate and oxygen saturation is required.

In premature infants, neonates and children less than 15 kg of body weight, midazolam solutions with concentrations higher than 1mg/ml are not recommended. Higher concentrations should be diluted to 1mg/ml.

Contra-indications

Use of this drug in patients with known hypersensitivity to benzodiazepines or to any component of the product.

Use of this drug for conscious sedation in patients with severe respiratory failure or acute respiratory depression.

Special warnings and special precautions for use

Midazolam should be used only when age- and size-appropriate resuscitation facilities are available, as i.v. administration of midazolam may depress myocardial contractility and cause apnoea. Severe cardiorespiratory adverse events have occurred on rare occasions. These have included respiratory depression, apnoea, respiratory arrest and/or cardiac arrest. Such life-threatening incidents are more likely to occur when the injection is given too rapidly or when a high dosage is administered. Paediatric patients less than 6 months of age are particularly vulnerable to airway obstruction and hypoventilation, therefore titration with small increments to clinical effect and careful respiratory rate and oxygen saturation monitoring are essential.

When midazolam is used for premedication, adequate observation of the patient after administration is mandatory as inter-individual sensitivity varies and symptoms of overdose may occur.

Special caution should be exercised when administering midazolam to high-risk patients:

- adults over 60 years of age
- chronically ill or debilitated patients, e.g.
 - patients with chronic respiratory insufficiency
 - patients with chronic renal failure, impaired hepatic function or with impaired cardiac function
 - paediatric patients specially those with cardiovascular instability.

These high-risk patients require lower dosages (see *Posology and method of administration*) and should be continuously monitored for early signs of alterations of vital functions.

Benzodiazepines should be used with caution in patients with a history of alcohol or drug abuse.

As with any substance with CNS depressant and/or muscle-relaxant properties, particular care should be taken when administering midazolam to a patient with myasthenia gravis.

Tolerance

Some loss of efficacy has been reported when midazolam was used as long-term sedation in intensive care units (ICU).

Dependence

When midazolam is used in long-term sedation in ICU, it should be borne in mind that physical dependence on midazolam may develop. The risk of dependence increases with dose and duration of treatment.

Withdrawal symptoms

During prolonged treatment with midazolam in ICU, physical dependence may develop. Therefore, abrupt termination of the treatment will be accompanied by withdrawal symptoms. The following symptoms may occur: headaches, muscle pain, anxiety, tension, restlessness, confusion, irritability, rebound insomnia, mood changes, hallucinations and convulsions. Since the risk of withdrawal symptoms is greater after abrupt discontinuation of treatment, it is recommended to decrease doses gradually.

Amnesia

Midazolam causes anterograde amnesia (frequently this effect is very desirable in situations such as before and during surgical and diagnostic procedures), the duration of which is directly related to the administered dose. Prolonged amnesia can present problems in outpatients, who are scheduled for discharge following intervention. After receiving midazolam parenterally, patients should be discharged from hospital or consulting room only if accompanied by an attendant.

Paradoxical reactions

Paradoxical reactions such as agitation, involuntary movements (including tonic/clonic convulsions and muscle tremor), hyperactivity, hostility, rage reaction, aggressiveness, paroxysmal excitement and assault, have been reported to occur with midazolam. These reactions may occur with high doses and/or when the injection is given rapidly. The highest incidence to such reactions has been reported among children and the elderly.

Delayed elimination of midazolam

Midazolam elimination may be altered in patients receiving compounds that inhibit or induce CYP3A4 (see *Interaction with other medicaments and other forms of interaction*).

Midazolam elimination may also be delayed in patients with liver dysfunction, low cardiac output and in neonates (see *Pharmacokinetics in special populations*).

Preterm infants and neonates

Due to an increased risk of apnoea, extreme caution is advised when sedating pre-term and former pre-term patients. Careful monitoring of respiratory rate and oxygen saturation is required.

Rapid injection should be avoided in the neonatal population.

Neonates have reduced and/or immature organ function and are also vulnerable to profound and/or prolonged respiratory effects of midazolam.

Adverse haemodynamic events have been reported in paediatric patients with cardiovascular instability; rapid intravenous administration should be avoided in this population.

Interaction with other medicaments and other forms of interaction

The metabolism of midazolam is almost exclusively mediated by the isoenzyme CYP3A4 of the cytochrome P450 (CYP450). CYP3A4 inhibitors (see *Special warnings and precautions for use*) and inducers, but also other active substances (see below), may lead to drug-drug interactions with midazolam.

Since midazolam undergoes significant first pass effect, parenteral midazolam would theoretically be less affected by metabolic interactions and clinical relevant consequences should be limited.

- Itraconazole, fluconazole and ketoconazole
Co-administration of oral midazolam and some azole antifungals (itraconazole, fluconazole, ketokonazole) increased markedly midazolam plasma levels and prolonged its elimination half-life, leading to major impairment of psychosedative tests. Elimination half-lives were increased from 3 to 8 hours approximately.

When a single bolus dose of midazolam was given for short-term sedation, the effect of midazolam was not enhanced or prolonged to a clinically significant degree by itraconazole, and dosage reduction is therefore not required. However, administration of high doses or long-term infusions of midazolam to patients receiving itraconazole, fluconazole or ketoconazole, e.g. during intensive care treatment, may result in long-lasting hypnotic effects, possible delayed recovery, and possible respiratory depression, thus requiring dose adjustments.

- Verapamil and diltiazem
No *in vivo* interaction studies are available with intravenous midazolam and verapamil or diltiazem.
However, as expected, oral midazolam pharmacokinetics varied in a clinically significant way when combined to these calcium channel blockers, notably with almost a doubling of half-life value and peak plasma level, resulting in a strongly reduced performance in co-ordination and cognitive function tests while producing profound sedation. When oral midazolam is used, dosage adjustment is usually recommended. Although no clinically significant interaction is expected with midazolam used for short-term sedation, caution should be exercised if intravenous midazolam is concomitantly given with verapamil or diltiazem.

- Macrolide Antibiotics: Erythromycin and clarithromycin
Co-administration of oral midazolam and erythromycin or clarithromycin significantly increased the AUC of midazolam about four fold and more than doubled the elimination half-life of midazolam, depending on the study. Marked changes in psychomotor tests were observed and it is advised to adjust doses of midazolam, if given orally, due to significantly delayed recovery.

When a single bolus dose of midazolam was given for short-term sedation, the effect of midazolam was not enhanced or prolonged to a clinically significant degree by erythromycin, although a significant decrease in plasma clearance was recorded. Caution should be exercised if intravenous midazolam is concomitantly given with erythromycin or clarithromycin. No clinical significant interaction has been shown with midazolam and other macrolide antibiotics.

- Cimetidine and ranitidine
Co-administration of cimetidine (at doses equal or higher than 800mg/day) and intravenous midazolam slightly increased the steady-state plasma concentration of midazolam, which could possibly lead to a delayed recovery, whereas co-administration of ranitidine had no effect. Cimetidine and ranitidine did not affect oral midazolam pharmacokinetics. These data indicate that intravenous midazolam can be administered at usual doses of cimetidine (i.e. 400mg/day) and ranitidine without dosage adjustment.

- **Saquinavir**
Co-administration of a single intravenous dose of 0.05mg/kg midazolam after 3 or 5 days of saquinavir dosing (1200mg t.i.d) to 12 healthy volunteers decreased the midazolam clearance by 56% and increased the elimination half-life from 4.1 to 9.5 h. Only the subjective effects to midazolam (visual analogue scales with the item “overall drug effect”) were intensified by saquinavir.

Therefore, a single bolus dose of intravenous midazolam can be given in combination with saquinavir. Nevertheless, during a prolonged midazolam infusion, a total dose reduction is recommended to avoid delayed recovery (see *Special warnings and precautions for use*).

- **Other protease inhibitors: ritonavir, indinavir, nelfinavir and amprenavir**
No *in vivo* interaction studies are available with intravenous midazolam and other protease inhibitors. Considering that saquinavir has the weakest CYP3A4 inhibitory potency among all protease inhibitors, midazolam should be systematically reduced during prolonged infusion when administered in combination with protease inhibitors other than saquinavir.

- **CNS depressants**

Other sedative drugs may potentiate midazolam effects.

The pharmacological classes of CNS depressants include opiates (when they are used as analgesics, antitussives or substitutive treatments), antipsychotics, other benzodiazepines used as anxiolytics or hypnotics, phenobarbital, sedative antidepressants, antihistaminics and centrally acting antihypertensive drugs.

Additional sedation should be taken into account when midazolam is combined with other sedative drugs.

Moreover, additional increase of respiratory depression should be particularly monitored in case of concomitant treatment with opiates, phenobarbital or benzodiazepines.

Alcohol may markedly enhance the sedative effect of midazolam. Alcohol intake should be strongly avoided in case of midazolam administration.

Other interactions

The i.v. administration of midazolam decreases the minimum alveolar concentration (MAC) of inhalation anaesthetics required for general anaesthesia.

Pregnancy and lactation

Insufficient data are available on midazolam to assess its safety during pregnancy. Animal studies do not indicate a teratogenic effect, but foetotoxicity was observed as with other benzodiazepines. No data on exposed pregnancies are available for the first two trimesters of pregnancy.

The administration of high doses of midazolam in the last trimester of pregnancy, during labour or when used as an induction agent of anaesthesia for caesarean section has been reported to produce maternal or foetal adverse effects (inhalation risk in mother, irregularities in the foetal heart rate, hypotonia, poor sucking, hypothermia and respiratory depression in the neonate).

Moreover, infants born from mothers who received benzodiazepines chronically during the latter stage of pregnancy may have developed physical dependence and may be at some risk of developing withdrawal symptoms in the post-natal period.

Consequently, midazolam should not be used during pregnancy unless clearly necessary. It is preferable to avoid using it for caesarean.

The risk for neonate should be taken into account in case of administration of midazolam for any surgery near the term.

Midazolam passes in low quantities into breast milk. Nursing mothers should be advised to discontinue breast-feeding for 24 hours following administration of midazolam.

Effects on ability to drive and use machines

Sedation, amnesia, impaired attention and impaired muscular function may adversely affect the ability to drive or use machines. Prior to receiving midazolam, the patient should be warned not to drive a vehicle or operate a machine until completely recovered. The physician should decide when these activities may be resumed. It is recommended that the patient is accompanied when returning home after discharge.

Undesirable effects

The following undesirable effects have been reported (very rarely) to occur when midazolam is injected:

Skin and appendages disorders: skin rash, urticarial reaction, pruritus.

Central and peripheral nervous system and psychiatric disorders: drowsiness and prolonged sedation, reduced alertness, confusion, euphoria, hallucinations, fatigue, headache, dizziness, ataxia, post-operative sedation, anterograde amnesia, the duration of which is directly related to the administered dose. Anterograde amnesia may still be present at the end of the procedure and in isolated cases prolonged amnesia has been reported.

Paradoxical reactions such as agitation, involuntary movements (including tonic/clonic movements and muscle tremor), hyperactivity, hostility, rage reaction, aggressiveness, paroxysmal excitement and assault, have been reported, particularly among children and the elderly.

Convulsions have been reported more frequently in premature infants and neonates.

Use of midazolam - even in therapeutic doses - may lead to the development of physical dependence after prolonged i.v. administration, abrupt discontinuation may be accompanied by withdrawal symptoms including withdrawal convulsions.

Gastrointestinal system disorders: nausea, vomiting, hiccough, constipation, dry mouth.

Cardiorespiratory disorders: severe cardiorespiratory adverse events: respiratory depression, apnoea, respiratory arrest and/or cardiac arrest, hypotension, heart rate changes, vasodilating effects, dyspnoea, laryngospasm.

Life-threatening incidents are more likely to occur in adults over 60 years of age and those with pre-existing respiratory insufficiency or impaired cardiac function, particularly when the injection is given too rapidly or when a high dosage is administered (see *Special warnings and precautions for use*).

Body-as-a-whole – general disorders: generalised hypersensitivity reactions: skin reactions, cardiovascular reactions, bronchospasm, anaphylactic shock.

Application site disorders: erythema and pain on injection site, thrombophlebitis, thrombosis.

Overdose

Symptoms

The symptoms of overdose are mainly an intensification of the pharmacological effects; drowsiness, mental confusion, lethargy and muscle relaxation or paradoxical excitation. More serious symptoms would be areflexia, hypotension, cardiorespiratory depression, apnoea and coma.

Treatment

In most cases monitoring of vital functions is only required. In the management of overdose special attention should be paid to the respiratory and cardiovascular functions in intensive care unit. The benzodiazepine antagonist flumazenil is indicated in case of severe intoxication accompanied with coma or respiratory depression. Caution should be observed in the use of flumazenil in case of mixed drug overdosage and in patients with epilepsy already treated with benzodiazepines. Flumazenil should not be used in patients treated with tricyclic antidepressant drugs, epileptogenic drugs, or patients with ECG abnormalities (QRS or QT prolongation).

PHARMACOLOGICAL PROPERTIES

Pharmacodynamic properties

Pharmacotherapeutic group:

Hypnotics and sedatives: benzodiazepine derivatives, ATC code: N05CD08.

Midazolam is a derivative of the imidazobenzodiazepine group. The free base is a lipophilic substance with low solubility in water.

The basic nitrogen in position 2 of the imidazobenzodiazepine ring system enables the active ingredient of midazolam to form water-soluble salts with acids. These produce a stable and well tolerated injection solution.

The pharmacological action of midazolam is characterised by short duration because of rapid metabolic transformation. Midazolam has a sedative and sleep-inducing effect of pronounced intensity. It also exerts an anxiolytic, an anticonvulsant and a muscle-relaxant effect.

After i.m. or i.v. administration anterograde amnesia of short duration occurs (the patient does not remember events that occurred during the maximal activity of the compound).

Pharmacokinetic properties

Absorption after i.m. injection

Absorption of midazolam from the muscle tissue is rapid and complete. Maximum plasma concentrations are reached within 30 minutes. The absolute bioavailability after i.m. injection is over 90%.

Absorption after rectal administration

After rectal administration midazolam is absorbed quickly. Maximum plasma concentration is reached in about 30 minutes. The absolute bioavailability is about 50%.

Distribution

When midazolam is injected i.v., the plasma concentration-time curve shows one or two distinct phases of distribution. The volume of distribution at steady state is 0.7 - 1.2 l/kg. 96 - 98% of midazolam is bound to plasma proteins. The major fraction of plasma protein binding is due to albumin. There is a slow and insignificant passage of midazolam into the cerebrospinal fluid. In humans, midazolam has been shown to cross the placenta slowly and to enter foetal circulation. Small quantities of midazolam are found in human milk.

Metabolism

Midazolam is almost entirely eliminated by biotransformation. The fraction of the dose extracted by the liver has been estimated to be 30 - 60%. Midazolam is hydroxylated by the cytochrome P4503A4 isozyme and the major urinary and plasma metabolite is alpha-hydroxymidazolam. Plasma concentrations of alpha-hydroxymidazolam are 12% of those of the parent compound. Alpha-hydroxymidazolam is pharmacologically active, but contributes only minimally (about 10%) to the effects of intravenous midazolam.

Elimination

In healthy volunteers, the elimination half-life of midazolam is between 1.5 - 2.5 hours. Plasma clearance is in the range of 300 - 500ml/min. Midazolam is excreted mainly by renal route (60 - 80% of the injected dose) and recovered as glucuroconjugated alpha-hydroxymidazolam. Less than 1% of the dose is recovered in urine as unchanged drug. The elimination half-life of alpha-hydroxymidazolam is shorter than 1 hour. When midazolam is given by i.v. infusion, its elimination kinetics do not differ from those following bolus injection.

Pharmacokinetics in special populations

Elderly

In adults over 60 years of age, the elimination half-life may be prolonged up to four times.

Children

The rate of rectal absorption in children is similar to that in adults but the bioavailability is lower (5 - 18%). The elimination half-life after i.v. and rectal administration is shorter in children 3 - 10 years old (1 - 1.5) as compared with that in adults. The difference is consistent with an increased metabolic clearance in children.

Neonates

In neonates the elimination half-life is on average 6 - 12 hours, probably due to liver immaturity and the clearance is reduced (see *Special warnings and precautions for use*).

Obese

The mean half-life is greater in obese than in non-obese patients (5.9 vs 2.3 hours). This is due to an increase of approximately 50% in the volume of distribution corrected for total body weight. The clearance is not significantly different in obese and non-obese patients.

Patients with hepatic impairment

The elimination half-life in cirrhotic patients may be longer and the clearance smaller as compared to those in healthy volunteers (see *Special warnings and precautions for use*).

Patients with renal impairment

The elimination half-life in patients with chronic renal failure is similar to that in healthy volunteers.

Critically ill patients

The elimination half-life of midazolam is prolonged up to six times in the critically ill.

Patients with cardiac insufficiency

The elimination half-life is longer in patients with congestive heart failure compared with that in healthy subjects (see *Special warnings and precautions for use*).

Preclinical safety data

There are no preclinical data of relevance to the prescriber which are additional to that already included in other sections of the SPC.

PHARMACEUTICAL PARTICULARS

List of excipients

Sodium Chloride	Ph. Eur.
Hydrochloric Acid	Ph. Eur.
IM Sodium Hydroxide Solution	Ph. Eur.
Water for Injections	Ph. Eur.

Incompatibilities

Admixture with Hartmann's solution is not recommended as the potency of midazolam decreases.

Shelf life

5 years.

Special precautions for storage

Keep ampoules in the outer carton.

Nature and contents of container

Type I Ph. Eur. 5ml colourless glass ampoules, in packs of 10.

Instructions for use/handling

Hypnovel ampoule solution is stable, both physically and chemically, for up to 24 hours at room temperature when mixed with 500ml infusion fluids containing Dextrose 4% with Sodium Chloride 0.18%, Dextrose 5% or Sodium Chloride 0.9%.

There is no evidence of the adsorption of midazolam on to the plastic of infusion apparatus or syringes.

MARKETING AUTHORISATION HOLDER

Roche Products Limited, 6 Falcon Way, Shire Park, Welwyn Garden City, AL7 1TW, United Kingdom.

MARKETING AUTHORISATION NUMBER

PL 00031/0189

DATE OF FIRST AUTHORISATION/RENEWAL OF AUTHORISATION

15 November 1984/15 November 1994/24 March 2000

DATE OF (PARTIAL) REVISION OF THE TEXT

18 January 2006

Hypnovel and Anexate are registered trade marks

tear here

Patient Product Information

Hypnovel[®] Ampoules 10mg/5ml

Roche

Midazolam

This leaflet contains information for patients being treated with Hypnovel.

Please read this leaflet carefully. If you have any questions or are not sure about anything, ask your doctor, dentist, nurse or pharmacist.

In this leaflet:

1. What Hypnovel is and what it is used for
2. Before you use your medicine
3. How to use your medicine
4. Possible side effects
5. Storing your medicine

Hypnovel contains the active substance midazolam. Each ampoule contains 10mg of midazolam (as the hydrochloride) in a 5ml solution for injection.

The other ingredients in the ampoule are: sodium chloride, hydrochloric acid, sodium hydroxide and water for injection.

Marketing Authorisation Holder and manufacturer is Roche Products Limited, 6 Falcon Way, Shire Park, Welwyn Garden City, AL7 1TW, United Kingdom.

1. WHAT HYPNOVEL IS AND WHAT IT IS USED FOR

Hypnovel (midazolam) belongs to a group of medicines known as benzodiazepines. It is a short-acting medicine that is used to induce sedation (a state of calm, drowsiness or sleep) and relieves anxiety, muscular tension and spasms.

Midazolam can be given by injection into a vein (intravenously), by a drip (infusion), injection into a muscle (intramuscular) or via rectal administration.

This medicine is used in adults and children for sedation and anaesthesia during investigations and treatment. It is also used as a premedication to calm patients before treatment, and to sedate patients in intensive care units.

Midazolam can be used alone or with other medicines used in anaesthesia.

2. BEFORE YOU USE YOUR MEDICINE

This medicine must not be used:

- if you are allergic to the group of medicines known as benzodiazepines or any of the other ingredients of Hypnovel.
- if you have severe difficulty in breathing or are very short of breath and are to undergo conscious sedation (a state of calm or drowsiness where you remain awake).

Take special care with Hypnovel:

Let your doctor know if you

- are over 60 years of age.
- are routinely short of breath.
- have myasthenia gravis (a disease causing muscle weakness).
- have a kidney, liver or heart condition.
- have a history of alcohol or drug abuse.
- are taking any other medicines including those not prescribed by your doctor (see *Taking other medicines*).
- are, or may be pregnant.

Special care needs to be taken if midazolam is used in babies or children. Let your doctor know if your child has a heart condition.

This is so the doctor knows to monitor you or your child more carefully or adjust the dose specially.

When given intravenously, Hypnovel can slow down your breathing and heart rate. On rare occasions this has caused breathing or the heart to stop. To avoid this, doses are given slowly and are as low as possible.

When given as a premedication, how patients respond to midazolam varies considerably. Therefore you will be checked closely to ensure you receive the right dose for you.

Pregnancy

You must tell your doctor or dentist if you are pregnant, or if you think you are pregnant. They can then decide if this medicine is suitable for you.

If your doctor decides you should be given this medicine during late pregnancy, labour or caesarean section, your baby might have an irregular heart beat, a low body temperature, floppiness and breathing and feeding difficulties. You may be at risk of inhaling vomit into your lungs.

Breastfeeding

Midazolam may pass into breast-milk, therefore, if you are breast feeding you should not do so for 24 hours after receiving this medicine.

Driving and using machines

This medicine may make you sleepy, forgetful or affect your concentration and co-ordination. This may affect your performance at skilled tasks, e.g. driving or operating machinery. Your doctor should advise you when you can start these again.

You should always be accompanied home by a responsible adult after your treatment.

Taking other medicines

Please inform your doctor if you are taking or have recently taken any other medicines, even those not prescribed by your doctor.

This is extremely important, as using more than one medicine at the same time can strengthen or weaken the effect of the medicines involved. For example, the effects of Hypnovel may be intensified by medicines such as tranquilisers, hypnotics (sleep inducing drugs), sedatives, antidepressants, narcotic analgesics (very strong pain killers), antiepileptics (for treating epilepsy), anaesthetics and some antihistamines (for the treatment of allergies).

The effects of midazolam may also be increased by medicines such as antifungals, antibiotics, drugs used to treat blood pressure and digestive problems and some drugs used to treat HIV and AIDS.

Alcohol

Alcohol may increase the sedative effects of midazolam and should therefore be avoided. Do not drink alcohol until your doctor tells you it is all right to do so.

3. HOW TO USE YOUR MEDICINE**Dosage and route of administration**

Your doctor or dentist will decide on a suitable dose for you. Doses vary considerably and will depend on the planned treatment and the sedation required. Your weight, age, general condition of health, response to the drug and whether other medicines are required at the same time will also influence the dose that you receive.

If you are to receive strong painkillers, you will receive these first and then have your Hypnovel dose adjusted specially for you.

Hypnovel is given slowly, by injection into a vein (intravenously), by a drip (infusion), injection into a muscle (intramuscular) or via rectal administration.

Long term treatment

Patients who receive long term treatment with midazolam may become tolerant (their medicine becomes less effective) or dependent upon their medicine.

After treatment for a long time (such as in an intensive care unit) the following withdrawal symptoms may occur: headaches, muscle pain, anxiety, tension, restlessness, confusion, irritability, inability to sleep, mood changes, hallucinations and convulsions. Your doctor will reduce your dose gradually to avoid these effects happening to you.

Overdose

Your medicine will be given by a doctor. If you think you have been given too much medicine please tell your doctor.

4. POSSIBLE SIDE EFFECTS

Like all medicines, midazolam can have side effects. The following undesirable effects have been reported very rarely.

Skin disorders: rash, allergic reaction, itchiness

Nervous system disorders: drowsiness and prolonged sedation, reduced alertness, confusion, euphoria (an excessive feeling of wellbeing), hallucinations, tiredness, headache, dizziness, and difficulty co-ordinating muscles. Temporary memory loss has been reported. How long this lasts will depend on how much Hypnovel you were given and you may experience this after your treatment. In isolated cases this has been prolonged.

Reactions such as agitation, muscle spasms and muscle tremors, restlessness, hostility, rages, aggression, excitement and assault, have been reported. These have been observed more when a high dose has been given, or administered too quickly. Children and the elderly are more susceptible to these reactions.

Convulsions have been reported more frequently in premature infants and new-born babies.

Patients can become dependent on midazolam after prolonged intravenous use. It is important that you are withdrawn from your medicine gradually to avoid withdrawal symptoms, including withdrawal convulsions (see 3. *How to use your medicine - Long term treatment*).

Gastrointestinal disorders: feeling sick, vomiting, hiccough, constipation, dry mouth.

Heart and breathing disorders: severe events include breathing complications (sometimes causing the breathing or heart to stop), low blood pressure, changes in heart rate, flushing, fainting and headache, shortness of breath, blockage of airway.

Life-threatening incidents are more likely to occur in the elderly, those already experiencing breathing difficulties or heart problems, particularly when the injection is given too rapidly or at a high dose.

Patients under 6 months old are more likely to develop breathing problems, so they will be dosed very gradually and their breathing and oxygen levels observed.

General disorders: general allergic reactions: skin reactions (rash, itchiness), heart and blood system reactions, wheezing, anaphylactic shock (a life-threatening allergic reaction).

Injection site disorders: redness and pain, swelling and redness of veins, blood clots.

If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist.

5. STORING YOUR MEDICINE

Keep out of the reach and sight of children.

Keep ampoules in the outer carton in order to protect from light.

Do not use after the expiry date (EXP) printed on the pack.

This medicine should only be administered by a medically qualified person.

Further information

You can get further information on Hypnovel from your doctor, dentist or pharmacist.

Date of Preparation/Last review

January 2006

Item Code